

One of the consequences of improved medical care is that people are living longer and life expectancy is increasing.

Do you think the advantages of this development outweigh the disadvantages?

In recent years, medical treatment has advanced significantly and is therefore responsible for people expecting to live longer lives. While some people view this as rather negative, due to the common issues of elderly life, I strongly believe that if a person has prepared for a longer life, they will enjoy numerous benefits of a longer life.

From one perspective, adding years to one's life increases the burdens of the later stages of life, such as financial woes and health related concerns. Living longer means you will likely be retired for a longer period of time. This is a serious concern because a lot of older people have not saved enough money to retire comfortably, thus an extended retirement is more of a financial burden than a blessing. Moreover, life after a certain age is often unpleasant due to the typical decline of elderly people's health. If a person is bedridden or homebound then living longer only lengthens their suffering. Not only that, but in such a position, people need to rely on family members or paid nursing staff to help take care of them. As a result, many elderly individuals may feel lonely, depressed, or as though they have become a burden on those around them.

On the other hand, living longer can provide numerous benefits for those who have adequately prepared for retirement. Individuals who have maintained good health and accumulated sufficient savings are able to enjoy the positive aspects of retirement for a much longer period of time. Without having to worry about practical concerns such as finances or health issues, retirees can spend their time pursuing hobbies and interests that they may not have had time for during their working years. For example, many elderly people enjoy activities such as gardening, travelling, or spending quality time with their families. Therefore, for those who are financially secure and physically healthy, a longer life expectancy is overwhelmingly beneficial.

In conclusion, while increasing life expectancy can create financial and health-related challenges for some elderly people, the opportunity to enjoy retirement and spend more time with loved ones is far more significant. Because of this, I believe that the advantages of longer life expectancy outweigh the disadvantages.